



TERM

**LESSON PLAN 1
TECHNICAL SCIENCES
GRADE 10**

KNOWLEDGE AREA	MECHANICS	TOTAL TIME: 61 DAYS
Term		
Unit 1	Measurement Units and measurements Scientific notation Working with formulae	
Date	/ /20__	
Resources	Doc Scientia Textbook and Workbook Technical Sciences Grade 10 P. 13 – 34	
Time	9 days	
Core knowledge	Measurement <ul style="list-style-type: none"> • Units of measurement <ul style="list-style-type: none"> - CGS system - SI system List seven fundamental units. - Derived units - Prefixes - Conversions Conversion of units: CGS units to SI units and vice versa. - Units in technology Focus on the conversion of units with regards to technology. • Scientific notation <ul style="list-style-type: none"> - Use Use scientific notation to express a number as a force. - Constants Focus on examples that use scientific notation with regards to technology. • Use of formulae <ul style="list-style-type: none"> - Identifying formulae - Substitute and solve Replace the given values in the formula. Solve the unknown quantity. • Examples in technology Develop examples to solve problems by using equations in Technology. 	



Core knowledge	Guidelines for the teacher <ul style="list-style-type: none"> • Focus on the conversions within the metric system to basic SI units. • Focus on the conversion of km to m and from h to s. • Strengthen the meaning of symbols in the formula, e.g. P – pressure; p – momentum; V – volume; v – velocity. 		
Activity/ Experiment/ Project			
Assessment methods	Class test	Control test	Research project
	Practical investigation	Class work	Building of models, posters or interviews
Resources	Textbook and Workbook, transparencies Summary P. 30 – 32 Mind maps P. 33		
Homework	Exercise 1 P. 15 – 17 Exercise 2 P. 21 – 24 Exercise 3 P. 26 Exercise 4 P. 28 – 30		